#### FILED OFFICE OF THE CITY CLED OAKLAND

2013 JAN -9 AM 9: 18

## Letter of Nomination

January 8, 2013

The Honorable City Council One City Hall Plaza, Second Floor Oakland, CA 94612

Dear President Kernighan and members of the City Council:

Pursuant to City Charter section 601, the Mayor, hereby appoints the following persons as members of the following **B**oard or Commission, subject to the City Council's confirmation:

#### COMMISSION ON AGING

Joyce Batiste Mayoral appointment to serve the term beginning September 2, 2012 and ending September 1, 2015, filling the seat previously held by Robert L. Chatmon,

Patrick J. Forte Mayoral appointment to serve the term beginning September 4, 2010 and ending September 3, 2013, filling the seat previously held by Alphonso Galloway.

Sylvia Stadmire Mayoral appointment to serve the term beginning September 3, 2011 and ending September 2, 2014, filling the seat previously held by Antoinette Warren-Williams

Rochelle S. Zak, M.D. Mayoral reappointment to serve the term beginning September 2, 2012 and ending September 1, 2015, filling the seat she previously held.

Thank you for your assistance in this matter.

Sincerely,

Jean Quan Mayor FILED OFFICE OF THE CIT T CLERM CAKEAND

2013 JAN -9 AM 9: 18

## OAKLAND CITY COUNCIL

RESOLUTION NO. \_\_\_\_\_ C.M.S.

#### RESOLUTION CONFIRMING THE MAYOR'S APPOINTMENT OF JOYCE BATISTE, PATRICK J. FORTE AND SYLVIA STADMIRE AND REAPPOINTMENT OF ROCHELLE S. ZAK, M.D. AS MEMBERS OF THE COMMISSION ON AGING

WHEREAS, Section 601 of the City Charter provides that members of City boards and commissions shall be appointed by the Mayor subject to confirmation by the affirmative vote of five members of the City Council; and

WHEREAS, Ordinance No 9921 C.M.S. adopted May 13, 1980 and amended in 1985, 1989 and 1995 establishes the Commission on Aging to advocate for the elderly and serve as an Advisory Board to the Department on Aging; and

WHEREAS, the Commission on Aging consists of eleven (11) members serving not more than two consecutive three year terms; and

WHEREAS, the Honorable Mayor Jean Quan has appointed Joyce Batiste, Patrick Forte and Sylvia Stadmire to serve three year terms subject to confirmation by the City Council; and

WHEREAS, the Honorable Mayor Jean Quan as reappointed Rochelle Zak to serve a second three year term subject to confirmation by the City Council; now therefore be it

**RESOLVED,** that pursuant to City Charter section 601, the City Council hereby confirms the Mayor's appointment of:

 Joyce Batiste to the Commission on Aging for a three-year term beginning September 2, 2012 and ending September 1, 2015, filling the seat previously held by Robert L. Chatmon,

- Patrick J. Forte to the Commission on Aging for a three-year term beginning September 4, 2010 and ending September 3, 2013, filling the seat previously held by Aiphonso Galloway,
- Sylvia Stadmire to the Commission on Aging for a three-year term beginning September 3, 2011 and ending September 2, 2014, filling the seat previously held by Antoinette Warren-Williams
- Rochelle S. Zak, M.D. to a second three-year term beginning September 2, 2012 and ending September 1, 2015, filling the seat she previously held.

IN COUNCIL, OAKLAND, CALIFORNIA, PASSED BY THE FOLLOWING VOTE:

AYES – KALB, PRESIDENT KERNIGHAN, MCELHANEY, SCHAAF, GALLO, BROOKS, REID, AND KAPLAN NOES – ABSTENTIONS-ABSENT-

ATTEST:

LATONDA SIMMONS City Clerk and Clerk of the Oakland City Council

#### **OBJECTIVE**

Secure a responsible position within Property Management where my proficient management and housing skills can be utilize effectively to demonstrate my compliance and administrative procedures.

#### WORK HISTORY

#### 2005-Present Property Manager, Domus Management Company: Lincoln Court Senior Apartments

82-20 - 50% Unit mix Tax Credit Senior Housing. Responsible for all day to day operations including but not limited to, compliance of all regulatory requirements, lease up and unit turnovers, rent collection, reports to main office, waiting list, 3-30-Day Notices' and work closely with supportive services staff. Conducts monthly meetings and social events for the residents and supervise and provide in service training for 2 staff and interfaces with community groups for safety within neighborhood.

#### 2005-2005 Property Manager, California Real Estate Management Company: Terramina Square

157 Tax Credit Apartments, Property Manager, staff of 6. Responsible for day to day operations, Related to residents including-3-30-day Notices, court appearances, rents, unit inspections, to ensure compliance.

#### 2002-2005 Compliance Manager, Eden Housing Management, Inc.

Responsible 5000 Affordable Housing Program Units, staff training and compliance related issues. *Audit* all Lease-Up and resident files. Generate any new Fair Housing, State or Local procedures, which include but not limited to HUD or Tax Credit Properties. Prepare properties for future audits from Investors or Govern Agencies.

#### 2000-2002 Compliance Specialist, Mid-Peninsula Housing Management Corporation

7000 Affordable Housing, all Program Types. I was responsible for training staff on compliance issues, auditing resident files. Over see all Lease-Ups, generate any new Fair Housing, State or Local procedures, which include but not limited to HUD or Tax Credit. Prepare all properties for future audits from Investors or Govern Agencies.

#### 1999-2000 Property Manager, Sares-Regis Management Group

121 Market, Town Home Community: Responsible for all rentals, court appearance and recertification's, supervised leasing consultants, maintenance and janitorial staff related to residents including 3-30 Day Notices, court appearances, rents, unit inspections to ensure compliance.

#### 1994-1999 Property Resident Manager, Bridge Property Management Co: Almaden Lake Apartments

Almaden Lake Apartments, Tax Credit Affordable Housing. . Responsible for 144 newly constructed apartments with 84 private homes including all tasks associated with daily operations and with maintaining a fiscally sound property. Liaison for the Homeowners Association. Over saw Ohlone Court Apartments 124 Units on *recertifications* and day-to-day operations.

#### 1993-1994 Property Resident Manager, Bridge Property Management Co.

The Susanne B. Wilson Residents at YWCA Villa Nueva, also a Single Family Transitional Housing hosting 63 units Responsible for day-to-day operations and all tasks associated with compliance and served as liaison to the YWCA staff.

#### 1991-1993 Administrative Assistant, Gateway Property-Taliafaro Inc: The John F. Kennedy Manor.

324 Multi-Family Apartment Community, with Section 8 and 236 HUD Programs: Responsible for all day to day operations.

#### EDUCATION High School Diploma, Castlemont High School & Merritt College

LICENSES & CERTIFICATES: Quadel/National Leased Housing Association Certification, Certified Occupancy Specialist (COS) and National Compliance Professional (NCP)

#### **References** Available Upon Request

### **Patrick Jerome Forte**

**Objective:** Appointment to Oakland's Mayor's Commission on Aging

### HIGHLIGHTS:

- Senior & Political Activist
- Cultural & Diversity Competency Trainings
- CARA Training in Leadership Development Community Organizer/Advocate
- SEIU-UHW (former Shop Steward)

## EMPLOYMENT: Diamond Ridge Health Care Center Pittsburg, CA.

Certified Nursing Assistant (2204-2011) Retired

- Performed activities of daily living of residents in long term care facility (ADL)
- Bathing, Oral Hygiene, and Grooming
- Toileting, Feeding, and Vital Signs
- Collecting Specimens
- Assisting with Exercises And Ambulation
- Healthcare and Rehabilitative Activities

### **IHSS Supportive Services**

In Home Care Provider (1999-2003) Pittsburg, CA.

- Assisted clients in their homes with activities of daily living (ADLS)
- Provided help with exercises and ambulation
- Assisted with transportation to appts
- Performed light housekeeping duties

## EDUCATION: CERTIFICATION Cal-State Hayward (East Bay) Hayward, CA. Chemical Dependency Studies

## CIVIC/COMMUNITY/VOLUNTEER ORGANIZATIONS

- California Alliance of Retired Americans (CARA)
- AGEnts for Change (BAGS)
- Photo Voice (Lavender Seniors of the East Bay)
- Lavender Seniors of the East Bay (Board Member)
- Alameda County Area on Aging Commission
- Congress of California Seniors
- Bay Area Community Services(BACS)

### "References available upon request"



## SYLVIA STADMIRE, RETIRED SOFTWARE

ANALYST

I am a Commission on aging for Alameda County. In doing so I assist in planning and promoting the aging community in their quest to age with dignity.

I am an a Certified Ombudsman for the county, I review Long Term Care facilities, and assisted Living facilities to assure that they are meeting the standard of living required in these facilities. I am an advocate for those residents. I believe Seniors should be allowed to age with dignity.

Member Board of Directors for Broadmoor Housing, and ABHOW Housing Board member United Seniors of Oakland and Alameda Counity

I work with AARP Legislative to assist in passing for disabled. seniors and people not getting the assistance needed to live.

I am a part of the growing Senior Community of Alameda County I am 72 years of age and work for all seniors and persons with disabilities.

I am currently the chair for PAPCO.which is currently reviewing the 2012 plan for Measure B ballot.

I am always seeking alternatives for better living conditions for the community.

I was a part of the planning of San Leandro new Senior Community Center

I am sure that I will be a valuable asset to the Mayor and the City of

### RESUME/OAKLAND

### Oakland

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# ROCHELLE S. ZAK, M.D.

Education	M.D. University of California at Los Angeles	1987 ·
	B.A., magna cum laude, History and Science Harvard—Radcliffe College	1983
	Post-graduate work in Philosophy at Columbia University	Sept, 1988- June, 1989
Post-Graduate Training	Clinical Fellow, Sleep-Wake Disorders Center, The New York Hospital, White Plains, NY	Aug, 1996 June, 1998
	Fel/ow, Ophthalmology/Neuro-ophthalmology, North Shore University Hospital, Manhasset, NY Fel/ow, Ophthalmology/Neuro-ophthalmology, Montefiore Medical Center,	July, 1994 June, 1995 July, 1993 –
	Bronx, NY Resident, Neurology, The New York Hospital, New York, NY	June, 1994 July, 1990 –
,	Resident, Internal Medicine, Roosevelt Hospital, New York, NY	June, 1993 July, 1989 J <i>u</i> ne, 1990
	Intern, Internal Medicine, Mt. Sinai Medical Center, New York, NY	July, 1987 – June, 1988
Licensure	Connecticut, 039291 New York, 176119	2001 – 1988 –
	California, G 064567 (never practiced in CA)	1988 –
Certification	Diplomate, American Board of Sleep Medicine, Parts I and II Diplomate, American Board of Psychiatry and Neurology, Parts I and II Recertification	1998/1999 1994 – 2004 2004 – 2014
Professional Employment	Associafe Physician, UCSF Sleep Disorders Center	May, 2010 –
	Research Analyst, Innovation and Advanced Technology Group, Kaiser Permanente	June, 2008 Dec, 2008
	Part-time Attending, Center for Sleep Medicine, Mount Sinai Medical Center	Aug, 2007 – Dec, 2007
	Consultant, Gaylord Sleep Services—Wallingford, CT	June, 2001 – July, 2007
	Assistant Attending Neurologist in Psychiatry, Sleep-Wake Disorders Center, The NewYork – Presbyterian Hospital—White Plains, NY	July, 1998 – March, 2006
	Consultant, Sleep-Wake Disorders Center The New York Hospital, Westchester Division—White Plains, NY	1995 1996
Academic Appointments	Assistant Clinical Professor of Medicine, Pulmonary Division Mt. Sinai Medical Center—New York, NY	Aug, 2007 – Dec, 2007
	Clinical Instructor of Neurology, Department of Psychiatry Weill Medical College of Cornell University— New York, NY	July, 2002 – March, 2006.
	Instructor of Neurology, Department of Psychiatry Weill Medical College of Cornell University—New York, NY	July, 1998 June, 2002

Professional Activities	Member AASM Standards of Practice Committee, Vice Chair AASM Standards of Practice Committee	2008 2006
	AASM Standard of Practice Committee REM Parasomnias Task Force, Chair AASM Standards of Practice Committee Indications for Polysomnography in Pediatrics Task Force	2008 2007
	AASM Standards of Practice Committee APAP Task Force AASM Section on Movement Disorders American Academy of Sleep Medicine International Restless Legs Syndrome Study Group	2006 2002 2004 1999 1997
	Par <i>tici</i> pa <i>nt</i> Scorer for Part II of the Sleep Boards (AASM) NIA Consensus Conference on Definition of Restless Legs Syndrome	2003 2002
Publications		
Book Chapters	Moline ML, Broch L, Zak R. The Impact of Life Cycle on Sleep in Women, In: Current clinical Neurology: Sleep Disorders in Women: A Guide to Practical Management. Attarian HP (ed), Humana Press, Inc. 2006	
٤	Moline ML, Broch L, Zak R. Sleep in Women from Adulthood through Menopause, In: Sleep Medicine. Lee-Chiong TL, Carskadon M, Sateia MJ (ed), Hanley and Belfus, Inc. 2002.	
	Winterkorn JMSW, Zak R. Diseases of Presumed Infectious Etiology, In: Walsh a Clinical Neuro-Ophthalmology, Fifth Edition, 1997; recently re-written for the 6 <sup>th</sup> E	
Articles	Aurora RN, Zak RS, Maganti RK, Auerbach SH, Casey KR, Chowdhuri S, Karippot A, Ramar K, Kristo DA, Morgenthaler TI. Best practice guide for the treatment of nightmare disorder in adults. <i>J Clin</i> Sleep Med, 6(4):389-401, 2010.	
	Aurora RN, Zak RS, Maganti RK, Auerbach SH, Casey KR, Chowdhuri S, Karippot A, DA, Morgenthaler TI. Best practice guide for the treatment of REM sleep behavior disc <i>Clin Sleep Med</i> , 6(1):85-95, 2010.	
	Zak R, Fisher B, Couvadelli BV, Moss NM, and Walters AS. Preliminary Study of of Restless Legs Syndrome I nAdults with Attention Deficit Hyperactivity Disorder. and Motor Skills, 108:759-763, 2009.	
	Morgenthaler TI, Aurora RN, Brown T, Zak R, Alessi C, Boehlecke B, Chesson Al L, Kapur V, Maganti R, Owens J, Pancer J, Swick TJ; Standards of Practice Comi AASM; American Academy of Sleep Medicine. Practice parameters for the use of continuous positive airway pressure devices for titrating pressures and treating ad with obstructive sleep apnea syndrome: an update for 2007. An American Academ Medicine report. Sleep, 31(1):141-7, 2008.	mittee of the autotitrating lult patients
	Morgenthaler TI, Kapur VK, Brown T, Swick TJ, Alessi C, Aurora RN, Boehlecke E Jr, Friedman L, Maganti R, Owens J, Pancer J, Zak R; Standards of Practice Com American Academy of Sleep Medicine. Practice parameters for the treatment of n other hypersomnias of central origin. Sleep, 30(12):1705-11, 2007.	nmittee of the
	Morgenthaler TI, Lee-Chiong T, Alessi C, Friedman L, Aurora RN, Boehlecke B, B Chesson AL Jr, Kapur V, Maganti R, Owens J, Pancer J, Swick TJ, Zak R; Standa Committee of the American Academy of Sleep Medicine. Practice parameters for evaluation and treatment of circadian rhythm sleep disorders. An American Acade Medicine report. Sleep, 30(11):1445-59, 2007.	ards of Practice the clinical
	Moline ML, Broch L, and Zak R. Sleep Problems Across the Life Cycle in Women Options Neurol, 6:319-330, 2004.	, Curr Treat

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	Moline ML, Broch L, and Zak R. Sleep in Women Across the Life Cycle from Adulthood Through Menopause. Med Clin North Am, 88:705-36, 2004.
	Moline ML, Broch L, Zak R and Gross V. Sleep in Women Across the Life Cycle from Adulthood Through Menopause. Sleep Medicine Reviews,7:155-77, 2003.
	Foroozan, R, Slamovits, TL, Ksiazek SM, Zak R. Spontaneous Resolution of Aneurysmal Third Nerve Palsy. J of Neuro-ophthalmology,22:211-4, 2002.
	Zak R, Slamovits T, Burde R. Oculomotor brainstem anatomy: nuclei to fascicles. Journal of Neuro-Oncology;18:241-248, 1994.
	Zak R, Solomon G, Petite F, Labar D. Baclofen-induced generalized non-convulsive status epilepticus. Annals of Neurology;36:113-4, 1994 (letter to the editor).
Abstracts and Presentations	Zak R, Fisher B, Moss N, Couvadelli BV, Walters A. Prevalence of Restless Legs Syndrome in Subjects with Adult ADHD. Accepted for presentation at the American Academy of Neurology meeting, May, 2007.
	Zak R, Winterkorn JMSW. Quantification of the effects of radiation therapy on thyroid optic neuropathy. Presented 11Feb96 at the North American Neuro-ophthalmology Society Meetings.
	Zak R, Friedland S, Slamovits TL, Burde RM. "Dental diplopia." Abstract presented at the XXVIth Annual Frank Walsh Meeting, April 1994.
	Friedland S, Slamovits TL, Zak R, Burde RM. "Third nerve palsy and bifrontal lobe edema." Abstract presented at the XXVIth Annual Frank Walsh Meeting, April 1994.
Lay Articles	"Can Medications Trigger Abnormal Movements During Sleep?", AASM website. "Sleep in the Elderly", www.healthology.com, February 2000. "Sleep Hygiene", www.healthology.com, November 1998.
Research Principal Investigator	Prevalence of RLS in Adults with ADHD, working with Dr. Arthur Walters at the JFK Institute, Edison, NJ, 2004 – present
Principal Investigator	A 12-Week, Double-blind, Placebo-controlled Parallel Group Study to Assess the Efficacy, Safety, and Tolerability of Ropinirole in Subjects with Restless Legs Syndrome (RLS) Suffering from Periodic Leg Movements of Sleep (PLMS)—Sponsored by GSK, Jun-Sep, 2002
Study Physician	Validation of the International Restless Legs Syndrome Study Group Severity Scale, 1999
	Validation of the Calendar of Premenstrual Experiences (COPE)—Sponsored by Berlex, summer 1999
Lectures . Grand Rounds	"Psychiatric Disease Masquerading as Sleep Disorders" NewYork-Presbyterian Hospital—Westchester Division, October 8, 2002 Mid-Hudson Forensic Psychiatric Center, January 10, 2003
CME Course Director	"Advances in the Diagnosis and Treatment of Sleep Disorders", NYPH-Westchester Division, December 1999 and at Weill Medical College of Cornell University, June, 2000
CME Lectures	"Insomnia and the Psychiatric Patient", Johns Hopkins Medicine/Healthology, New York, NY, January 2006 "Clinical Neurophysiology Principles and Practice", Weill Medical College of Cornell University, January 1999 "Update Your Medicine", Weill Medical College of Cornell University, June 1999 "Advances in the Diagnosis and Treatment of Sleep Disorders—Narcolepsy and Restless Legs Syndrome", NYPH, December 1999 and June, 2000
	Syndrome, NTETT, December 1999 and Julie, 2000

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Webcasts	Multiple Sleep Topics, www.healthology.com, March 2001, August 1999, December 1998
Industry- Sponsored Talks	Wyeth-Ayerst Visiting Professor on Insomnia—October-December 1999
Community Talks on Sleep Disorders	Byram Hills High School Wellness Fair, November 2003 Manhattan Adult Attention Disorder Support Group, October 2002 JCC of the Upper West Side, October 2001 New Britain General Hospital, February 2001 New York State Department of Labor Retirees, May 2000 White Plains Hadassah Chapter, February 2000 New York Hospital Health Outreach, May 1997
Television Interviews on Sleep Disorders	Cable Channel 12 Morning Show, January 2002 Cable Channel 12 Morning Show, August 2000 Globo (Brazilian Television), April 2000 Cable Channel 12 Morning Show, January 1997
Radio Interviews	WNYC, "On The Line," March 2000

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