

RESOLUTION NO. 83188 C.M.S.

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**RESOLUTION RECOGNIZING FEBRUARY 2011 AS AMERICAN HEART MONTH**

**WHEREAS**, cardiovascular disease is the nation's leading cause of death and costliest disease with direct and indirect costs estimated to be \$228 billion; and

**WHEREAS**, cardiovascular disease accounts for one out of three deaths nationwide; and

**WHEREAS**, Nearly 2,200 Americans die of cardiovascular disease each day, an average of one death every 39 seconds; and

**WHEREAS**, Nearly one in three deaths due to cardiovascular disease occur before the age of 75 years; and

**WHEREAS**, an estimated 785,000 people in the U.S. will have a new coronary attack, an estimated 470,000 people nationwide will have a recurrent attack, and an additional 195,000 "silent" heart occur this year; and

**WHEREAS**, 35% of Californians die of cardiovascular diseases and stroke each year (more than any other disease); and

**WHEREAS**, the research is clear that there are preventive strategies, as well as community-based strategies, that can increase survival rates from cardiovascular disease; and

**WHEREAS**, the American Heart Association's 2020 impact goal seeks to improve the cardiovascular health of all Americans by 20 percent while reducing deaths from cardiovascular diseases and stroke by 20 percent through research, population- and community-level interventions, public health and policy measures; and

**WHEREAS**, efforts of the American Heart Association encourage citizens to help save lives by calling 9-1-1 if symptoms occur, become trained in CPR, and encourage comprehensive automated external defibrillator (AED) programs in their communities; and

**WHEREAS**, the American Heart Association is celebrating February 2011 as American Heart Month and promoting education and awareness by encouraging citizens to learn the warning signs of heart attack and stroke; now therefore, be it

**RESOLVED:** that the City Council, in recognition of the importance of the ongoing fight against heart disease, do hereby proclaim February 2011 to be

## AMERICAN HEART MONTH

in Oakland, CA and urge all citizens to recognize the critical importance of tools and skills that will increase survival rates from cardiac arrest. By incorporating these tools into aggressive programs, we can save thousands of lives each year.

IN COUNCIL, OAKLAND, CALIFORNIA, FEB 15 2011, 2013

**PASSED BY THE FOLLOWING VOTE:**

AYES- BROOKS, BRUNNER, DE LA FUENTE, KAPLAN, KERNIGHAN, NADEL, SCHAAF AND  
PRESIDENT REID - 8

NOES - 0

ABSENT - 0

ABSTENTION - 0

ATTEST:

  
LATONDA SIMMONS

City Clerk and Clerk of the Council  
of the City of Oakland, California