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MEMORANDUM

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**TO:** CHAIRPERSON CHANG, AND MEMBERS OF THE LIFE ENRICHMENT COMMITTEE  
**FROM:** COUNCILMEMBER NANCY NADEL, DISTRICT THREE  
**SUBJECT:** PRESENTATION OF OAKLAND HEALTH PROFILE, 2004  
**DATE:** JANUARY, 11, 2005

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We have coordinated with the Alameda County Public Health Department to bring this important presentation of "Oakland Health Profile 2004" to the Life Enrichment Committee. This is a comprehensive report including both a demographic and social profile of Oakland, and discussions of the key public health issues facing the city including chronic disease, maternal, child and adolescent health, injury, and communicable diseases.

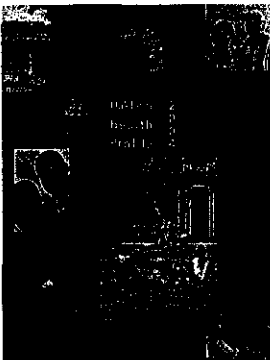
The report also provides background information and the opportunity to begin a policy discussion about how to better collaborate with the Public Health department to address some of the most urgent health related issues that are negatively affecting our constituents. The "demographic and Social Profile" gives us an important basis for understanding where areas of concern exist, and what health disparities exist by levels of poverty and race/ethnicity.

Confirming an ongoing trend, this study shows that Oakland's asthma rates are higher than other parts of the county among all groups, and African-American and Latino adults and children suffer from asthma at a much greater rate than other populations even within the City. This information can be used by the city to focus educational and other resources on the elimination of asthma triggers such as diesel emissions, wood smoke and dust.

Another area of concern highlighted in this report is the growing problem of obesity and diabetes in Oakland. Unlike other chronic disease areas where Oakland has shown improvement, the rates of diabetes are going up at an alarming rate, especially among children. This information can help us as we prioritize spending on after-school programs, recreation programs for adults and children and other youth related activity to emphasize regular exercise for health. Also, we can work to assure that adequate healthful food stores are located in all neighborhoods.


These are just two examples of the ways this report can inform our policy discussion. In future reports, I have requested that the Public Health department work with Behavioral Health to address substance abuse and mental health problems as well. I look forward to continuing to collaborate with each of you and the Public Health Department as we tackle these urgent problems facing our constituents.

Nancy J. Nadel



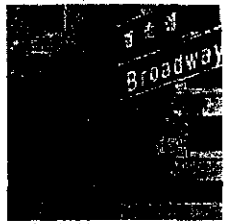

## Oakland Health Profile 2004

Oakland City Council  
Life Enrichment  
Committee  
January 11, 2005





## Presentation Outline

- Report Contents
- Key Findings
- Select examples
- Next steps


## Purpose of Report

- The California Endowment Health Disparities Data to Action – Diabetes Project
- Develop community health profiles for Oakland and Hayward (December)


## Report Contents

- Demographic & Social Profile
- Mortality
- Chronic Disease
- Maternal, Child & Adolescent Health
- Injury & Violence
- Communicable Disease



## Key Findings

- Improvements in many health indicators (14/29)
- Oakland rates are higher than county rates for almost all indicators
- Burden of chronic diseases and injuries
- Health disparities/inequities are more extreme
- Poorer populations and African Americans bear the greatest burden of health disparities

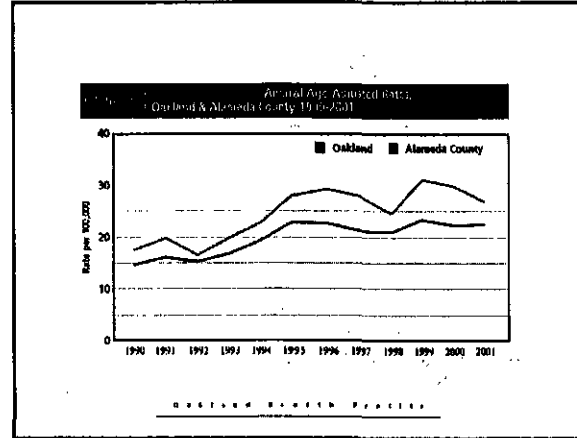


**18 Year Trends in 27 Selected Oakland Health Indicators**

Indicator	1987	2005
<b>All Causes</b>		
	↓	↓
<b>MCH</b>		
Infant Mortality	↓	↓
Teen Births	↓	↓
Early Prenatal Care	↑	↑
Low Birth Weight	↑	↑
<b>Chronic Diseases</b>		
Heart Disease	↓	↓
Cancer	↓	↓
Long Cancer	↓	↓
Alcohol	↓	↓
Stroke	↑	↑
Breast Cancer	↑	↑
Prostate Cancer	↑	↑
Diabetes	↑	↑
<b>Injuries</b>		
Unintentional Injuries	↓	↓
Assault	↓	↓
Homicide	↓	↓
Suicide	↑	↑
Motor Vehicle Crashes	↑	↑
<b>Communicable Diseases</b>		
AIDS Cases	↓	↓
TB Cases	↑	↑

## Unfavorable Trends in Oakland in Past Decade

- Diabetes mortality & hospitalization



Oakland c/w Alameda County

City of Oakland Compared To Alameda County

Category	Oakland	Alameda County
All Cause Mortality	100	100
Injury Mortality	100	100
Teen Births	100	100
Early Prenatal Care	100	100
Low Birth Weight	100	100
Chronic Diseases	100	100
Heart Disease	100	100
Cancer Incidence	100	100
Cancer Deaths	100	100
Lung Cancer	100	100
Asbestos	100	100
Stroke	100	100
Breast Cancer Incidence	100	100
Breast Cancer Deaths	100	100
Prostate Cancer Incidence	100	100
Prostate Cancer Deaths	100	100
Diabetes	100	100
Infectious Diseases	100	100
Unintentional Injuries	100	100
Acute Myocardial Infarction	100	100
Stroke	100	100
Suicide	100	100
Motor Vehicle Crashes	100	100
Self-Inflicted Injuries	100	100
Communicable Diseases	100	100
AIDS Cases	100	100
TB Cases	100	100
Cholera	100	100
Dysentery	100	100

Persistent Health Inequities

## Health Disparities

- Native Hawaiians/Other Pacific Islanders**
  - lowest rate of early prenatal care
- Latinos**
  - highest teen birth rate
- Asians**
  - highest tuberculosis incidence rate
- Whites**
  - highest all cancer and breast cancer incidence rate
  - same high rate of hospitalizations due to suicide attempts as African Americans



## African Americans – Highest Rates

- Morbidity and mortality for:**
- All cause mortality
  - Stroke
  - Diabetes
  - Coronary heart disease
  - Lung cancer
  - Prostate cancer
  - Infant mortality
  - Low birth weight
  - AIDS
  - Unintentional injury
  - Motor vehicle crashes
  - Homicide
  - Assault
  - Asthma



## Magnitude of Health Disparities by Race/ethnicity

- Difference in disparity is more extreme in Oakland than in the county
  - Lung cancer incidence
  - Breast cancer incidence
  - All cancer mortality
- For each race/ethnic group the rates are higher in Oakland than in the county- for most indicators



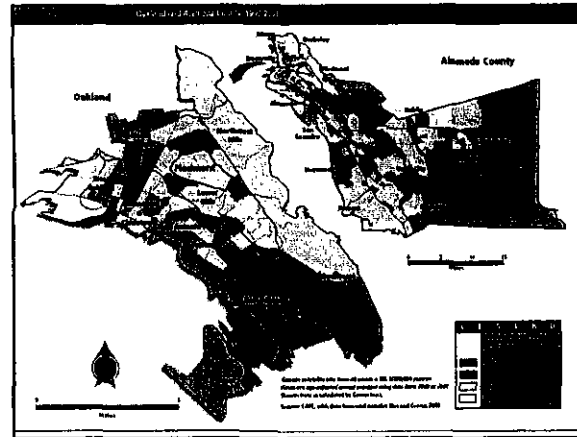
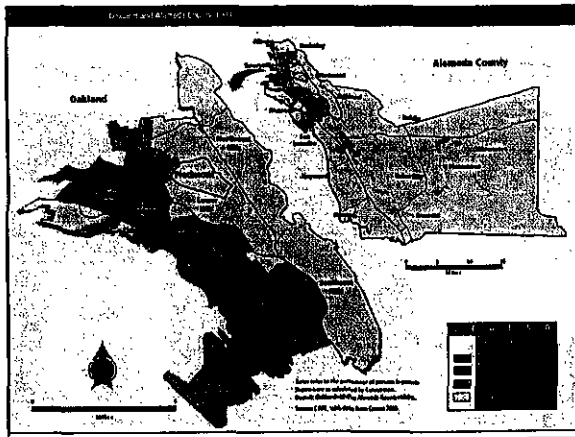
## Social and Demographic Characteristics

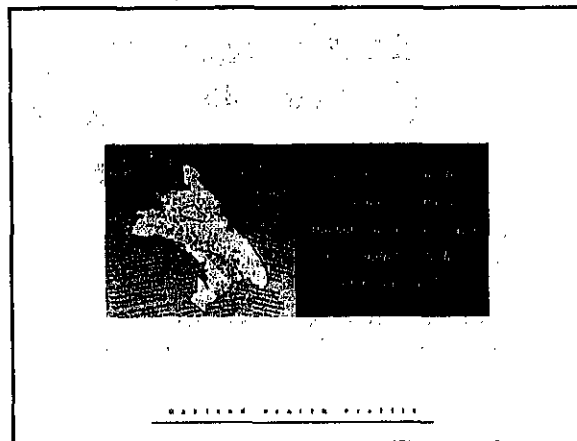
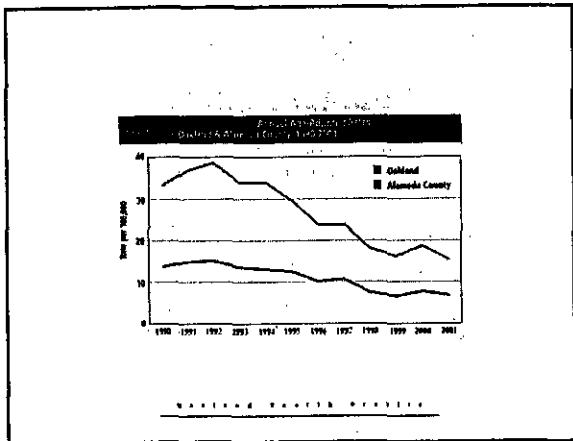
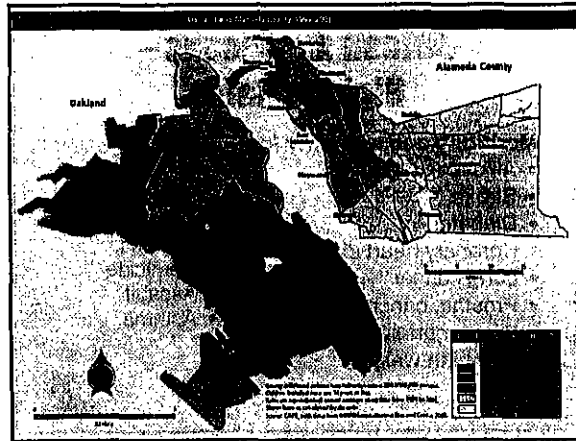
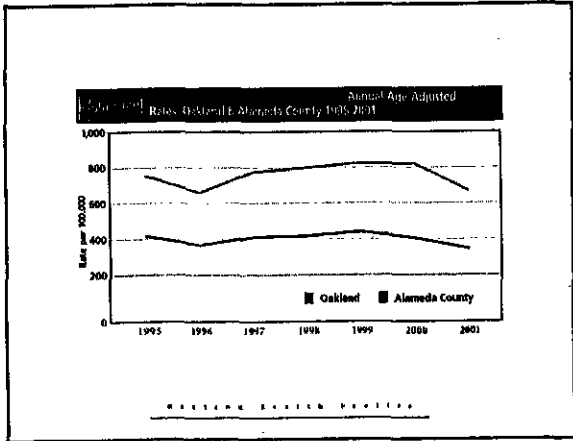
- Lower proportion of HS grads
- Diverse, no group a majority
- Higher proportion of African Americans, Latinos
- 66% speak English
- 20% Spanish
- 14% Asian language
- More linguistically-isolated households in non-English speaking households than same groups in the county



## Social and Demographic Characteristics

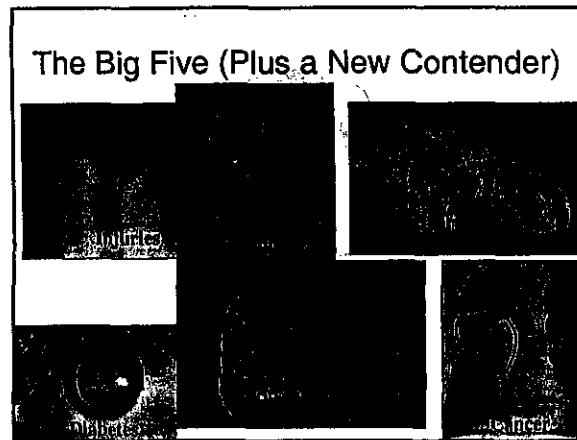
- Poverty: 1 in 5 living in poverty; 1 in 3 children's lives are much higher than county
- Higher proportion of non-English speaking households
- Higher proportion of linguistically-isolated households
- Higher proportion of households with no high school graduate





Average Annual Count Percent of A Deaths, Oakland-Alameda County 1995-2001

Rank	County	Count
1	Alameda County	997.0
2	Alameda County	725.7
3	Alameda County	301.3
4	Alameda County	127.3
5	Alameda County	124.3
6	Alameda County	78.7
7	Alameda County	98.0
8	Alameda County	72.3
9	Alameda County	62.0
10	Alameda County	51.0
	Oakland	2,566.7
	Oakland	679.3
	Oakland	3,246.0



Average Annual Years of Potential Life Lost (YPLL) and Rate per 1,000, Oakland, 1999-2011

Rank	Diagnosis/Condition	YPLL
1	Ischemic Heart Disease	12,524.9
2	Stroke	12,015.5
3	Chronic Kidney Disease	4,533.4
4	Alzheimer's Disease	3,770.1
5	Diabetes	3,372.5
6	Chronic Liver Disease	1,954.1
7	Chronic Obstructive Pulmonary Disease	1,812.5
8	Chronic Lower Respiratory Disease	1,746.3
9	Chronic Disease	1,633.3
10	Chronic Disease	1,264.6

- ### Summary
- There have been significant improvements in many health indicators in Oakland over the past decade.
  - Despite these improvements, Oakland still trails the County in health status.
  - Diabetes hospitalizations and deaths appear to be a significant emerging health problem.
  - *Persistent and large health disparities* continue to suggest significant health inequity in our society.

- ### Action Steps
- PHD priority areas:
- Obesity prevention: Early and comprehensive nutrition & physical activity promotion in schools and community
  - Chronic Disease Management (Diabetes Prog.)
  - Injury and violence prevention
  - Health inequities
    - ❖ Neighborhood place-based approach
    - ❖ Health Disparities Work Group

- ### Next Steps
- Presentations to
- City of Oakland/County joint press conference
  - City of Oakland council members, departments and committees
  - Community-based organizations

