

**CITY OF OAKLAND**  
**AGENDA REPORT**

FILED  
OFFICE OF THE CITY CLERK  
OAKLAND

2004 JUN 10 PM 4:44

**To:** Office of the City Administrator  
**Attn:** Deborah Edgerly  
**From:** Department Of Human Services  
**Date:** June 22, 2004

**Re:** RESOLUTION AUTHORIZING THE CITY ADMINISTRATOR TO APPLY FOR, ACCEPT AND APPROPRIATE A GRANT IN THE AMOUNT OF \$1,352,467.00 FROM THE STATE DEPARTMENT OF AGING FOR THE MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP) FOR FISCAL YEAR 2004-2005 AND AUTHORIZING THE CITY ADMINISTRATOR TO CONTRACT WITH NINE AGENCIES FOR AN ESTIMATED AMOUNT OF \$297,543.00 ANNUALLY TO PROVIDE IN-HOME SERVICES TO THE FRAIL SENIORS OF MSSP.

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**SUMMARY**

Staff requests City Council approval of a resolution authorizing the application for, and acceptance and appropriation of a Multipurpose Senior Services Program (MSSP) grant from the State Department of Aging for Fiscal Year 2004-2005 in the amount of \$1,352,467. The resolution would also authorize a general fund offset of \$129,174 for central service overhead charges. The grant allows MSSP to spend \$ 297,543 annually to purchase in-home supportive services for frail seniors. MSSP is funded principally through a Medicaid Waiver received by the State and City general funds.

**FISCAL IMPACT**

The MSSP grant funds will be appropriated to Fund 2128 (Department of Human Services), Organization 75231. As the grant does not pay central services overhead (CSO), a budget to offset the disallowed CSO costs in the amount of \$129,724 is also included in the FY 2004-2005 Adopted Budget. The program is allotted \$297,543 annually to purchase services for seniors. Of that amount, approximately \$243,000 will be divided among the nine vendors, approximately \$33,000 will be spent on transportation, approximately \$19,000 will be spent on medical equipment and supplies and the balance will be spent on minor home repairs.

**BACKGROUND**

The City of Oakland has provided multipurpose senior services to eligible seniors since 1979, by contract with the State Department of Aging. The contract with the State requires the MSSP program to serve a minimum of 350 clients every month. Clients are 65 years of age or older and certifiable for care in a skilled nursing facility. Clients are very frail and have multiple chronic disabilities.

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## **KEY ISSUES AND IMPACT**

The goal of MSSP is to prevent or delay premature institutional placement of frail at risk seniors. MSSP has continued to meet the State mandate to provide services at a cost lower than that for nursing home placement. Services such as bathing, dressing, grooming, meal preparation, housekeeping and respite are provided to clients in their own homes. MSSP also assists with coordinating medical appointments and purchasing transportation to and from medical appointments. This additional support allows Oakland families and caregivers to continue to care for frail seniors in the community. MSSP promotes client self-determination and fosters independent living for clients within the least restrictive environment and within their own communities. MSSP supports frail seniors by: 1) keeping them out of nursing homes; 2) keeping them safe and as independent as possible in their own homes; and 3) increasing their quality of life when they are most vulnerable.

## **PROGRAM DESCRIPTION**

Client referrals are received from various sources such as discharge planners from local acute care hospitals, home health agencies, Alameda County Social Services, medical doctors, churches, adult day health care programs and other community agencies that work with seniors. Some clients self-refer after hearing about the program from others. MSSP enrolls an average of 10 new clients per month. Twelve clients, on average, are discharged per month due to death, residential relocation, loss of Medi-Cal benefits or having to be placed in a skilled nursing facility because of a serious decline in health.

MSSP is a medical and psychosocial care management model program. The care management process involves a detailed in-home initial psychosocial and health assessment, two quarterly visits, a six-month recertification visit, an annual reassessment and monthly phone monitoring. These activities are conducted by public health nurses and social workers.

Care management is the cornerstone of MSSP. It involves the coordination and usage of existing community resources that provide the necessary services for clients to continue living safely at home. The purpose of the assessment visits is to identify problems, develop a plan of care, arrange services and monitor the client. Staff reviews the existing services that are free and makes direct referrals whenever possible. If the needed services are not available through family, friends or other programs, the care manager authorizes the purchase of services from program funds.

MSSP advocates for a seamless continuum of care and provides service in coordination and collaboration with other community based long term care organizations such as Visiting Nurses Associations, Alameda County Health Care Services Agency, Area Agency on Aging and Over 60 Health Clinic.

## **SUSTAINABLE OPPORTUNITIES**

The sustainable opportunities that are included in this program are as follows:

### Social Equity

- 1) Social and health services are delivered to frail seniors in their homes after referrals from MSSP nurses and social workers.
- 2) Services provided by MSSP make it easier for frail, disabled seniors to access services to which they are entitled.
- 3) The health services provided by MSSP improves the quality of life for frail, homebound seniors who are socially disadvantaged and at risk of placement into nursing homes.

### Economic

- 1) MSSP contractors, who are Oakland based business operators, employ Oakland residents who provide the necessary services to our frail older program participants.
- 2) MSSP will continue to invest in the Oakland community by purchasing services and equipment for frail seniors, from Oakland based businesses. MSSP has professional services contracts with some of the vendors.

Environmental No known impact.

## **DISABILITY AND SENIOR CITIZEN ACCESS**

MSSP care management services have been available to frail, disabled seniors in the City of Oakland for 25 years. MSSP provides frail Oakland residents with an alternative to premature or inappropriate institutionalization. Through the provision of care management services, MSSP's frail disabled seniors are empowered to live as independently as possible. Care management services are provided in the clients home or community.

## **RECOMMENDATION AND RATIONALE**

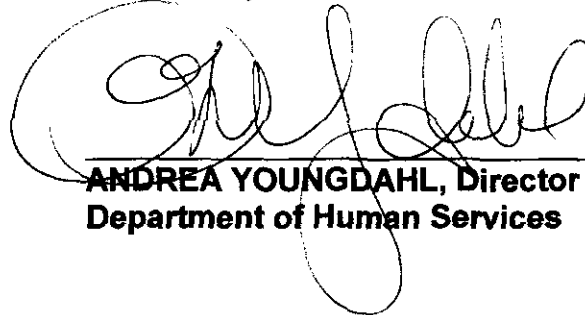
Staff recommends that the City Council approve a resolution authorizing the City Administrator to apply for, accept and appropriate a grant in the amount of \$1,352,467 from the State Department of Aging for the Multipurpose Senior Services Program for fiscal year 2004-2005. The resolution would authorize a general fund offset of \$129,174 for central services overhead charges. The approval would also ensure the continuation of multipurpose senior services to Oakland's frail elderly at risk of premature or unnecessary institutionalization.

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**ACTION REQUESTED OF THE CITY COUNCIL**

That the City Council approve a resolution authorizing the City Administrator to apply for, accept and appropriate a grant in the amount of \$1,352,467 from the State Department of Aging for the Multipurpose Senior Services Program for fiscal year 2004-2005.

Respectfully submitted,




**ANDREA YOUNGDAHL, Director  
Department of Human Services**

Reviewed By:  
Brendalyn Goodall, Manager  
Aging and Adult Services

Prepared By:  
Linda Johnson  
MSSP Supervisor

**APPROVED AND FORWARDED TO THE  
LIFE ENRICHMENT COMMITTEE:**

  
Office of the City Administrator

Item: 3  
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June 22, 2004

# OAKLAND CITY COUNCIL

FILED  
OFFICE OF THE CITY CLERK  
OAKLAND City Attorney

RESOLUTION No. \_\_\_\_\_ C.M.S004 JUN 10 PH 4:44

**RESOLUTION AUTHORIZING THE CITY ADMINISTRATOR TO APPLY FOR, ACCEPT AND APPROPRIATE A GRANT IN THE AMOUNT OF \$1,352,467.00, FROM THE STATE DEPARTMENT OF AGING FOR THE MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP) FOR FISCAL YEAR 2004-2005 AND AUTHORIZING THE CITY ADMINISTRATOR TO CONTRACT WITH NINE AGENCIES FOR AN ESTIMATED AMOUNT OF \$297,543.00 ANNUALLY TO PROVIDE IN-HOME SERVICES TO THE FRAIL SENIORS OF MSSP.**

**WHEREAS,** the State Department of Aging is willing to appropriate a grant to the Multipurpose Senior Services Program (MSSP) in an amount of \$1,352,467.00 and any additional amount for the period beginning July 1, 2004 and ending June 30, 2005; and

**WHEREAS,** the grant is funded by the Title XIX Social Security Act funds and the State of California General Fund; and

**WHEREAS,** the grant does not pay for Central Services Overhead costs, and the City has historically provided an offset to cover the Central Services Overhead costs, and the Adopted Policy Budget includes an allocation of \$ 129,724.00 to cover the Central Services Overhead costs; and

**WHEREAS,** the purpose of said grant is to continue the City's MSSP program and will help the frail elderly remain in their homes rather than be institutionalized; and

**WHEREAS,** it is the intention of MSSP to contract for personal care, respite, and health care services beginning July 1, 2004 and ending June 30, 2005; and

**WHEREAS,** the City of Oakland desires to enter contracts with the following vendors for the amounts specified below:

<u>VENDOR</u>	<u>AMOUNT</u>
1. AccentCare – Oakland Business License # 2331675	\$ 27,000.00
2. Alta Bates Summit Medical Center Lifeline – Oakland Business License # 1443437	\$ 27,000.00
3. Asian Network, Inc. – Oakland/Minority Business License # 1369008	\$ 27,000.00
4. Bay Area Community Services Business License # 462551	\$ 27,000.00
5. Bay Area Vital Link, Inc. – Oakland Business License # 760358	\$ 27,000.00

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- 6. Community Care Services – Oakland/Minority Business License # 795135 \$ 27,000.00
- 7. Manos Home Care – Oakland/Minority Business License # 1025163 \$ 27,000.00
- 8. Nightingale Nursing - San Leandro/Minority Business License # 2894009 \$27,000.00
- 9. Spectrum Home Health Care, Inc. – San Leandro/Minority Business License # 2406926 \$ 27,000.00

**WHEREAS**, MSSP is a long standing program in the City, the City Council having approved application for the original MSSP grant in Resolution No. 57740 C.M.S. dated December 12, 1978; now therefore be it

**RESOLVED:** That the City Administrator or his designee is hereby authorized and directed to apply for, accept and appropriate a grant and offsetting revenues in the amount of \$1,352,467.00, from the State Department of Aging for the purpose of appropriating said grant and offsetting revenues to MSSP for the period beginning July 1, 2004 and ending June 30, 2005; and be it

**FURTHER RESOLVED:** That the City Council authorizes the support of said grant with \$129,724.00 of General Funds for central services overhead off-set; and be it

**FURTHER RESOLVED:** That the City Council authorizes the City Administrator to contract with nine agencies for an estimated amount of \$297,543.00 annually.

**FURTHER RESOLVED:** Should additional funds be received, the City Administrator or his designee is hereby authorized to appropriate it for the purposes described above; and be it

**FURTHER RESOLVED:** That the City Council hereby appoints the City Administrator or his designated representative as agent of the City to conduct all negotiations, execute and submit all documents, including but not limited to application, agreements, amendments, modifications, payment requests and related actions which may be necessary for the completion of the aforementioned grant in accordance with its basic purpose.

IN COUNCIL, OAKLAND, CALIFORNIA, \_\_\_\_\_, 20\_\_\_\_\_

**PASSED BY THE FOLLOWING VOTE:**

AYES- BROOKS, BRUNNER, CHANG, NADEL, QUAN, REID, WAN and PRESIDENT DE LA FUENTE

NOES-

ABSENT-

ABSTENTION-

ATTEST: \_\_\_\_\_  
 CEDA FLOYD  
 City Clerk and Clerk of the Council  
 of the City of Oakland, California

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