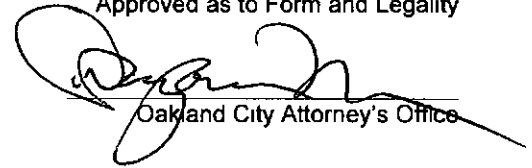


FILED
OFFICE OF THE CITY CLERK
OAKLAND

14 FEB -6 PM 3:54

Approved as to Form and Legality



Oakland City Attorney's Office

OAKLAND CITY COUNCIL

Resolution No. 84830 C.M.S.

INTRODUCED BY COUNCIL PRESIDENT PATRICIA KERNIGHAN

RESOLUTION DESIGNATING SUNDAY, FEBRUARY 23, 2014 AS FRANK E. STAGGERS, SR., MD HYPERTENSION SCREENING AND EDUCATION DAY

WHEREAS, cardiovascular diseases are the leading causes of death worldwide. One in four American adults has hypertension (high blood pressure), which is considered the number one risk factor for cardiovascular diseases; and

WHEREAS, hypertension is considered a "silent killer," oftentimes undiagnosed at first and is a serious condition that left untreated, can result in death, and

WHEREAS, Frank E. Staggars, Sr., MD encouraged community members to advocate for their and their families health by being knowledgeable about their vital signs, including blood pressure, pulse rate, lipid levels, glucose and body weight and body mass index; and

WHEREAS, through co-founding the Ethnic Health Institute at Alta Bates Summit Medical Center, Frank E. Staggars, Sr., MD, advocated that lifestyle changes such as exercising regularly, quitting smoking, and limiting salt and alcohol usage can help prevent hypertension; and

WHEREAS, Frank E. Staggars, Sr., MD believed that equal access to quality healthcare is a basic human right, regardless of socioeconomic status; and

WHEREAS, the passing of Frank E. Staggars, Sr., MD in November 2013 has strongly motivated the continuation of his life's work of eliminating disparities in health care providing access to healthcare services to underserved populations in Oakland, throughout Alameda County and beyond; therefore be it

RESOLVED: that the Oakland City Council designates Sunday, February 23, 2014 as Frank E. Staggers, Sr., MD Hypertension Screening and Education Sunday and encourages all citizens in the City of Oakland to participate in this important day.

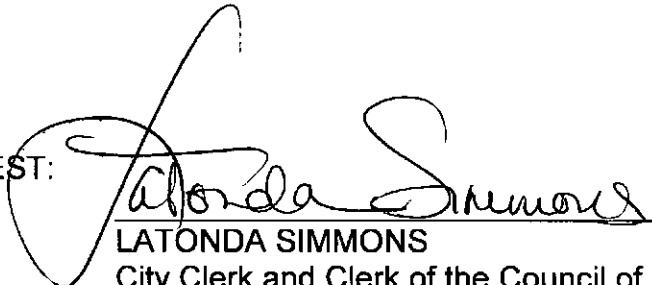
IN COUNCIL, OAKLAND, CALIFORNIA, FEB 18 2014

PASSED BY THE FOLLOWING VOTE:

AYES - BROOKS, GALLO, GIBSON MCELHANEY, KALB, KAPLAN, SCHAAF,
REID AND PRESIDENT KERNIGHAN - 8

NOES - 0
ABSENT - 0
ABSTENTION - 0

ATTEST:



LATONDA SIMMONS

City Clerk and Clerk of the Council of
the City of Oakland, California