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## OAKLAND CITY COUNCIL

Resolution No. \_\_\_\_\_ C.M.S.

INTRODUCED BY COUNCIL PRESIDENT LYNETTE GIBSON MCELHANEY,  
COUNCILMEMBER DAN KALB AND VICE MAYOR REBECCA KAPLAN

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**RESOLUTION PROCLAIMING MAY 14, 2015 AS BIKE TO WORK DAY IN THE CITY OF OAKLAND AND URGING OAKLANDERS TO RIDE THEIR BICYCLES TO WORK ON THIS DAY AND AS FREQUENTLY AS POSSIBLE TO PROMOTE GREATER HEALTH AND ENVIRONMENTAL BENEFITS FOR THE CITY AND ITS RESIDENTS**

**WHEREAS**, bicycling is a healthy and affordable way for Oakland residents to commute to work, and

**WHEREAS**, bicycling offers great benefits to the environment due to the reductions in carbon dioxide emitted into the atmosphere,

**WHEREAS**, bicycling aides the local economy as studies show that cyclists patronize the storefront shops they pass by; and

**WHEREAS**, the National Household Transportation Survey states half of United States residents live 5 miles from their homes, resulting in a 20 minute bike ride commute each way; and

**WHEREAS**, according to the Women's Health Magazine, commuting to work by bike twice a week burns approximately 3,000 extra calories; and

**WHEREAS**, the *Psychotherapy and Psychosomatics* journal found that bicycling increases energy by 20% and decreases fatigue by 65%; and

**WHEREAS**, Oakland has risen to become a top ten city in the US for bicycling, in which it was deemed as a Silver Level Bicycle Friendly Community by The League of American Bicyclists; and

**WHEREAS**, the safety of all road users improves as more people try bicycling, and thus become more aware of cyclists on the roads; and

**WHEREAS**, Walk Oakland Bike Oakland and Bike East Bay are two local advocacy groups working to build support for redesigning our all users of our streets, through advocacy, education, and generating policy ideas; and

**WHEREAS**, Oakland has nearly one hundred miles of bike lanes, which include lanes, paths and boulevards that have designated areas for cyclists to travel and signage to denote these distinctions; and

**WHEREAS**, Bike to Work Day is an annual event which has been celebrated in Oakland for 22 years, with the goal of encouraging people to try bicycling to work or school or for any around town trips, and

**WHEREAS**, on the morning of Bike to Work Day, 24 energizer stations will be set up around Oakland, with drinks, snacks and bags full of goodies for people bicycling, until supplies run out, and Frank Ogawa Plaza in City Hall will again serve as a celebration city with a pancake breakfast for bicyclists, a resource fair, and special presentations by elected leaders; now therefore be it

**RESOLVED**, the City of Oakland declares May 14 as Bike to Work Day and encourages all Oakland residents to ride their bikes to work or school in order to improve the environment and enhance their personal health.

IN COUNCIL, OAKLAND, CALIFORNIA,

PASSED BY THE FOLLOWING VOTE:

AYES - BROOKS, CAMPBELL WASHINGTON, GALLO, GUILLEN, KALB, KAPLAN, REID AND  
PRESIDENT GIBSON MCELHANEY

NOES -  
ABSENT -  
ABSTENTION -

ATTEST:

\_\_\_\_\_  
LATONDA SIMMONS  
City Clerk and Clerk of the Council of the  
City of Oakland, California