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OAKLAND

CITY OF OAKLAND



2018 MAR -8 PM 2: 33

CITY HALL • 1 FRANK H. OGAWA PLAZA, 3rd FLOOR • OAKLAND, CALIFORNIA 94612

Office of the Mayor
Honorable Libby Schaaf
Mayor

(510) 238-3141
Fax (510) 238-4731

Letter of Appointment

March 6, 2018

The Honorable City Council
One Frank H. Ogawa Plaza, Second Floor
Oakland, CA 94612

Dear President Reid and members of the City Council:

Pursuant to City Charter Section 601, the Mayor has reappointed the following person as member of the following board or commission, subject to City Council confirmation:

Sugar Sweetened Beverages Community Advisory Board

Gabriela Regalado is appointed to the Sugar Sweetened Beverages Community Advisory Board as the Mayoral Representative for the term beginning June 15, 2017 and ending June 14, 2020, filling a seat previously held by Gema Cardenas

Sincerely,

A large, stylized handwritten signature in black ink that reads "Libby Schaaf".

Libby Schaaf
Mayor

Profile

Gabriela

First Name

I

Middle Initial

Regalado

Last Name

[Redacted]
Email Address

[Redacted]
Street Address

[Redacted] Suite or Apt

[Redacted]
City

[Redacted] State

[Redacted] Postal Code

[Redacted]
Primary Phone

[Redacted]
Alternate Phone

Employer

Job Title

Which Boards would you like to apply for?

Sugar Sweetened Beverages Community Advisory Board: Submitted

Interests & Experiences

Please tell us how your qualifications and participation will relate to the requested board and/or commission's mission.

I believe my past experiences such as working with Noel Gallo and working with Outward Bound YLC have prepared me for this position as being apart of the board. With my participation throughout other programs, I can see how the leadership and advocacy skills that I have learned can relate to the requested board's mission. With the skills, for example, public speaking I can help the board to advise and help make recommendations to create a program that will prevent health consequences that are so present right now. By using my voice I can imagine the creative ideas that my input can bring to help our city prosper. I very much enjoy working with others to contribute ideas that will be successful, especially if it will make a difference in the lives of our people and the our city, Oakland.

Please submit your resume or curriculum vitae. You may upload a document. (A Word format is preferred.) Alternatively, you may paste the text of your resume in the field provided below.

Please paste the text of your resume or curriculum vitae below.

Gabriela Regalado [REDACTED] Email: [REDACTED] Cell: [REDACTED]

OBJECTIVE To give the best of my ability at all times. A persistent, open minded, and curious individual ready to embark on new experiences. A junior at Life Academy Health and Bioscience High School. Future goals are to become a health care provider. **EDUCATION** Life Academy of Health and Bioscience High School Expected Graduation: June 2019 High Honor Roll at School School Year 2012 to Current Latino Student Honor Roll Award Spring 2012 to Current College of Alameda, Spanish 1 Spring Course January 2016 to May 2016 East Bay College Fund Scholarship Graduation Year: 2019 Dual Enrollment Merritt College, Bioethics Fall 2017 to Current **WORK EXPERIENCE** Babysitter in Oakland, CA. Summer 2013 to Current Responsible for observing general well-being of children Cook meals and ensure they complete homework Created activities to foster mental simulation **EXTRACURRICULAR ACTIVITIES** Student at Aim High Oakland Summer 2012 to Summer 2014 Program that prepares students for the transition to Middle School and to High School (6th to 9th grade) Helps students academically for the following school year, by giving an insight into the next years course work Provide different activity classes such as exploring/serving communities and electives Student at College Track Oakland Summer 2014 to Present After-school program where I receive tutoring, participate in life exposure classes and prepare to apply to college Ten year program that has a lot of resources for students (financial, moral, and emotional) SAT/ ACT and Vocation preparation classes They provide a personal advisor/mentor District 5, Noel Gallo Oakland City Hall Internship Summer 2015 and Summer 2016 Interned at a City Council members office. Building on communication, leadership, and advocacy skills Worked with Noel Gallo and his office to go around Oakland talking about issues and places of improvement Visited colleges every Friday such as Berkeley and Stanford Children's Hospital Oakland, CHAMPS Internship January 2017 to May 2019 CHAMPS stands for Community Health & Adolescent Mentoring Program for Success. It is a three-year internship program. Introduces underrepresented minority high school students to health professions There's classroom education and training relevant to the health care, academic tutoring, and college preparation activities Youth Leadership Corps, Outward Bound CA August 2017 to April 2018 Two-week rock climbing and backpacking expedition in the Sierra Nevada mountains Student-led service projects throughout the school year 2017-2018 Bay Area high school students who develop their leadership skills and gain service experience **VOLUNTEER EXPERIENCE** St Vincent de Paul, Oakland CA February 2015 Help prepare food, breakfast and lunch for the homeless Participated in sorting clothes to give out Clean up and Set up Oakland Dia de las Americas and Grandparents Day September 20, 2015 An annual event held, for now 4 years, in the Fruitvale Plaza I volunteered with City Councilman, Noel Gallo and his office to plan and help at the event Helping set up and held certain booths College Track School Year 2016 to 2017 Guided students to different mentors for interviews Explained/ Translated various parts of the program Helped staff with the outlines for the essay aspect of application Aim High Orientation Summer 2016 Translated to parents the information they needed for students Explained overall program and schedule of activities Answer any questions in regards to the program St Baldrick's Foundation March 11, 2017 Foundation that funds to conquer childhood cancers Raised up \$400+ Help those who want to donate their hair Prisoners Literature Project October 8th, 2017 All-volunteer grassroots group that sends hundreds of free book packages to prisoners in the United States Chose books and packed them Wrote letters for prisoners receiving and read book request letters from prisoners **GLIDE SF** December 10, 2017 Got to prepare food to put in lunch bags

Packaged and Gave lunch bags to homeless Clean and Set up SKILLS Bilingual--Speak English and Spanish Can translate Advanced in IMovie Fast Typer Proficient in Microsoft and Mac Tutor for writing Leadership REFERENCES Available Upon Request

Please click the acknowledgement below.

Service on City of Oakland boards, commissions, and committees may require filings of the FPPC's Statements of Economic Interest (Form 700). Upon appointment and determination of filing status, I will comply with all filing obligations.

I Agree *

Gabriela Regalado

[REDACTED]

[REDACTED]

[REDACTED]

OBJECTIVE

To give the best of my ability at all times. A persistent, open minded, and curious individual ready to embark on new experiences. A junior at Life Academy Health and Bioscience High School. Future goals are to become a health care provider.

EDUCATION

Life Academy of Health and Bioscience High School

Expected Graduation: June 2019

High Honor Roll at School

School Year 2012 to Current

Latino Student Honor Roll Award

Spring 2012 to Current

College of Alameda, Spanish 1 Spring Course

January 2016 to May 2016

East Bay College Fund Scholarship

Graduation Year: 2019

Dual Enrollment Merritt College, Bioethics

Fall 2017 to Current

WORK EXPERIENCE

Babysitter in Oakland, CA.

Summer 2013 to Current

- Responsible for observing general well-being of children
- Cook meals and ensure they complete homework
- Created activities to foster mental stimulation

EXTRACURRICULAR ACTIVITIES

Student at Aim High Oakland

Summer 2012 to Summer 2014

- Program that prepares students for the transition to Middle School and to High School (6th to 9th grade)
- Helps students academically for the following school year, by giving an insight into the next years course work
- Provide different activity classes such as exploring/serving communities and electives

Student at College Track Oakland

Summer 2014 to Present

- After-school program where I receive tutoring, participate in life exposure classes and prepare to apply to college
- Ten year program that has a lot of resources for students (financial, moral, and emotional)
- SAT/ ACT and Vocation preparation classes
- They provide a personal advisor/mentor

District 5, Noel Gallo Oakland City Hall Internship

Summer 2015 and Summer 2016

- Interned at a City Council members office. Building on communication, leadership, and advocacy skills
- Worked with Noel Gallo and his office to go around Oakland talking about issues and places of improvement
- Visited colleges every Friday such as Berkeley and Stanford

Children's Hospital Oakland, CHAMPS Internship

January 2017 to May 2019

- CHAMPS stands for Community Health & Adolescent Mentoring Program for Success. It is a three-year internship program.
- Introduces underrepresented minority high school students to health professions
- There's classroom education and training relevant to the health care, academic tutoring, and college preparation activities

Youth Leadership Corps, Outward Bound CA

August 2017 to April 2018

- Two-week rock climbing and backpacking expedition in the Sierra Nevada mountains
- Student-led service projects throughout the school year 2017-2018
- Bay Area high school students who develop their leadership skills and gain service experience

VOLUNTEER EXPERIENCE

St Vincent de Paul, Oakland CA

February 2015

- Help prepare food, breakfast and lunch for the homeless
- Participated in sorting clothes to give out
- Clean up and Set up

Oakland Dia de las Americas and Grandparents Day

September 20, 2015

- An annual event held, for now 4 years, in the Fruitvale Plaza
- I volunteered with City Councilman, Noel Gallo and his office to plan and help at the event
- Helping set up and held certain booths

College Track

School Year 2016

to 2017

- Guided students to different mentors for interviews
- Explained/ Translated various parts of the programing
- Helped staff with the outlines for the essay aspect of application

Aim High Orientation**Summer 2016**

- Translated to parents the information they needed for students
- Explained overall program and schedule of activities
- Answer any questions in regards to the program

St Baldrick's Foundation**March 11, 2017**

- Foundation that funds to conquer childhood cancers
- Raised up \$400+
- Help those who want to donate their hair

Prisoners Literature Project**October 8th, 2017**

- All-volunteer grassroots group that sends hundreds of free book packages to prisoners in the United States
- Chose books and packed them
- Wrote letters for prisoners receiving and read book request letters from prisoners

GLIDE SF**December 10, 2017**

- Got to prepare food to put in lunch bags
- Packaged and Gave lunch bags to homeless
- Clean and Set up

SKILLS

- Bilingual--Speak English and Spanish
- Can translate
- Advanced in IMovie
- Fast Typer
- Proficient in Microsoft and Mac
- Tutor for writing
- Leadership

REFERENCES

- Available Upon Request

December 22, 2017

To whom it may concern,

Gabriela Regalado is a dedicated, intelligent and empowering leader. She has the skills and capacity needed in an advisory board. She has been involved in many programs and organizations that have shown her leadership.

Especially on a board that will concentrate on Health, Gabriela has much experience in this field. Since the 6th grade she has attended Life Academy of Health and Bioscience a school that gives youth the skill and capacity to go into the health field and be an advocate for equitable public health. Gabriela has also has interned at Highland Hospital in the 8th grade and is currently an intern in The Children's Hospital Oakland. She has the knowledge and capacity to understand what Oakland needs for topics around health.

Additionally, I have seen Gabriela show her leadership and represent her high school at All City Council Student Union where she projected student voice. She was not only able speak up on issues, but identify solutions. She is a great problem solver and has the eye to find solutions in order to support her community.

Moreover, she has been deeply involved in volunteering to support her community members. From sending books to prisons so that everyone has access to literature, to packing and giving lunches to the homeless. She is very kind hearted and will make sure that people have access to basic necessities so that there is equity.

I do not see anyone more qualified to represent on the soda tax advisory board.
She fits the leader role and can project the voice of many different perspective.

Sincerely,

Gema Quetzal Cardenas

Student Director of OUSD School Board of Education

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OFFICE OF THE CITY CLERK
OAKLAND

2018 MAR -8 PM 2:34

Approved as to Form and Legality

DRAFT

City Attorney's Office

OAKLAND CITY COUNCIL

RESOLUTION NO. _____ C.M.S.

Introduced by Mayor Libby Schaaf

**RESOLUTION CONFIRMING THE MAYOR'S APPOINTMENT OF
GABRIELA REGALADO AS MEMBERS OF THE SUGAR SWEETENED
BEVERAGES COMMUNITY ADVISORY BOARD**

WHEREAS, Section 601 of the City Charter provides that members of City boards and commissions shall be appointed by the Mayor subject to confirmation by the affirmative vote of five members of the City Council; and

WHEREAS, Ordinance No 86161 C.M.S., approved May 3, 2016, which placed a tax measure on the November 8, 2016 ballot for sugar-sweetened beverages, establishes the Sugar Sweetened Beverages Community Advisory Board; and

WHEREAS, the Sugar Sweetened Beverages Community Advisory Board consists of nine (9) members serving not more than two consecutive three year terms; and

WHEREAS, Section 4.52.080 (B) of Measure HH further provides the specific qualifications of the 9 Community Advisory Board (CAB) members as: 3 residents who live in areas disproportionately impacted by diseases caused by sugar consumption, 2 medical professionals--one medical and one dental with public health experience or who engage in whole or in part in the prevention, diagnosis, treatment or research of, or education about chronic diseases linked to the consumption of sugar, 2 parents of current students of OUSD, and 2 members of the public with experience in addressing public health issues, related to diabetes, obesity and sugary drink consumption, community-based youth food and nutrition programs, school-based food and nutrition programs, oral health or early childhood nutrition; and

WHEREAS, the Honorable Mayor Libby Schaaf has appointed G to serve three-year terms subject to confirmation by the City Council; now therefore be it

RESOLVED: That pursuant to City Charter section 601, the City Council hereby confirms the Mayor's appointment of:

Gabriela Regalado, to the Sugar Sweetened Beverages Community Advisory Board as a resident who lives in an area disproportionately impacted by diseases caused by sugar consumption to serve a three year term that began on June 15, 2017 and will end on June 14, 2020, filling a seat not previously held; and be it

IN COUNCIL, OAKLAND, CALIFORNIA,

PASSED BY THE FOLLOWING VOTE:

AYES - BROOKS, CAMPBELL-WASHINGTON, GALLO, GUILLÉN, KALB, KAPLAN, REID AND
PRESIDENT GIBSON MCELHANEY

NOES -

ABSENT -

ABSTENTION -

ATTEST: _____
LATONDA SIMMONS

City Clerk and Clerk of the Council of the City of Oakland, California